#### 15 Lessons for Catalyzing Change

Excerpted from (P)luck: Lessons We Learned for Improving Healthcare and the World. Copyright © 2022 Alfred Sadler & Blair Sadler. All rights reserved

#### 1. BEGIN WHERE YOU ARE

## 2. GROW FROM BEGINNER TO EXPERT

## 3. FIND AND DEVELOP YOUR VOICE

#### 4. FIND PARTNERS

## 5. FOSTER COLLABORATION

#### 6. LEAD FROM ANY CHAIR

# 7. SOMETIMES, PERSISTENCE IS THE ONLY OPTION

## 8. INVITE ALL STAKEHOLDERS

#### 9. SEEK OUT MENTORS

# 10. KEEP YOUR EYES OPEN: AN OPPORTUNITY WILL OFTEN APPEAR

## 11. WHEN YOUR PATH IS BLOCKED, CHANGE COURSE

# 12. WHEN SOLVING A COMPLEX PROBLEM, THE SIMPLEST SOLUTION IS OFTEN THE BEST

# 13. ACT WITH TRANSPARENCY AND BUILD TRUST

## 14. TAKE THE ROAD LESS TRAVELED

#### 15. DWELL IN POSSIBILITY